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A look at what caught our eye this month, from mountain retreats to urban escapes



COASTAL SPLENDOUR

Retreat to the Ramada Caravela Beach Resort on the pristine shores of Varca Beach in Goa. The hotel's colonial architecture - created by international design group Wimberly, Allison, Tong and Goo - illustrates the region's rich Portuguese and Goan heritage. The 199 guest rooms, suites and villas each include a private balcony with views of the Indian Ocean, landscaped gardens or the swimming pool. The restaurants and bars present a range of local and international culinary delicacies and exotic cocktails. Guests can get active at the resort's nine-hole par 3 golf course, the swimming pool and the scenic jogging track or unwind with yoga sessions and bespoke therapeutic treatments at the Ayurvedic spa. ramadacaravela.com

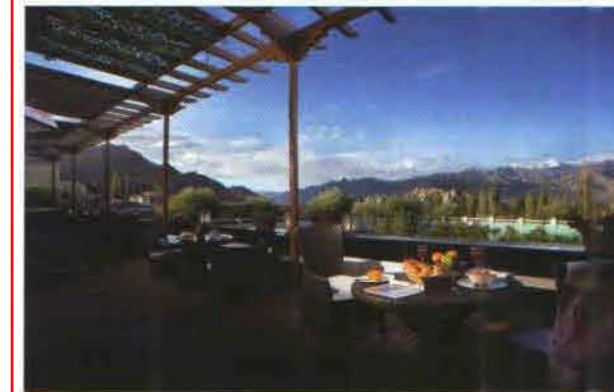


Urban retreat

The Dusit Devarana New Delhi offers a tranquil destination in the centre of the city. Surrounded by lush landscaping, the retreat is the ultimate escape from the sights and sounds of the Indian capital. Revitalise at the Devarana Spa and experience The Heavenly Nantha Garden Experience, a treatment incorporating Thai, Ayurveda and shiatsu treatments, or dive into the 102m-long outdoor swimming pool. Enjoy the fine-dining venues, including contemporary Chinese cuisine at Chi Ni and international gastronomy at Kiyari; end the evening with drinks on the veranda at Iah Bar. The hotel offers a selection of premium guest rooms - from the Devarana Garden View Room overlooking the gardens, to the Devarana Pool View Room with access to a private deck and swimming pool. dusit.com/dusitdevarana/newdelhi

Himalayan voyage

Explore the roof of the world from The Grand Dragon Hotel Ladakh, nestled amidst the Himalayas. The festive season package (valid from October 22 to November 15) offers an exclusive four-night stay for Diwali or Dussehra including airport pick-up, breakfast, high tea, dinner, exclusive discounts and one side trip. Choose from expeditions to the moonscapes of Lamayuru and majestic monasteries; off-road adventures to Khardung La; or camping under the stars at the banks of Pangong Tso, one of Asia's largest brackish lakes. After a day of exploration, recharge at the Stok View Terrace - offering an array of Ladakhi, Indian, Chinese and European dishes, overlooking a panoramic view of the magnificent landscapes. Festive package, AED 2,515; thegranddragonladakh.com



Adventure haven

Discover the peaks of the Himalayas from The Khyber Himalayan Resort & Spa, Gulmarg. The hotel features 85 guest rooms overlooking majestic mountain ranges. Situated steps away from the highest ski lift in the world, the property is the ideal winter destination for skiing and adventure treks through the snow-capped mountains and lakes. During the spring and summer season, guests can embark on various activities such as hiking, trekking, trout fishing, mountain biking and golfing at the world's highest 18-hole golf course. The resort offers the ultimate post-adventure relaxation treatments at The Khyber Spa by L'Occitane, providing holistic therapies inspired by the rituals of Provence, France with stunning vistas from all treatment rooms. slh.com/hotels/the-khyber-himalayan-resort-and-spa

